**Lesson plan: TALKING ABOUT SPORTS**

**TALKING ABOUT YOUR FAVORITE SPORT**

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| **Slide** | **Aims** | **Teacher** | | | **Students** | |
| **Action** | **Suggestions** | **Timing** | **Performance** | **Timing** |
| **Introduction (6 minutes)** | To let students get to know each other and their teacher | Teacher: - reveals some information about him/herself. - asks all students to introduce themselves using the suggestions in the slide | - Welcome class! My name is.. I’m … years old and I’m your teacher for this class.  - Now I would like you guys to take turn and introduce yourself using the following information:  - Nice to meet all of you! During the lesson, if you have any questions, please let me know. Thank you!  Do you often do physical exercise? (Answer) Yes, I do, and on a regular basis, (Give reason for your answer) though I wouldn’t say that I’m a gym junkie, I have to say that I put great emphasis on getting into shape and always spare at least 3-4 days to work out at the gym.  Do young people in your country like to do exercise? (Answer) I suppose yes. (Give reason for your answer) Being fit rather than being skinny is a mindset that is recently catching on in my country. Therefore, many young people are trying to incorporate physical activities into their daily routine as well as adopting healthy eating habits to achieve their dream figure.  q | 50 seconds | - Introduce yourself using the following information. | 45 seconds/student |
| To introduce the lesson | - Teacher introduces the topic of today’s lesson | Today we will have a discussion about **talking about your favorite sport**  - I hope after today’s lesson you will be able to communicate more confidently when you are in this kind of context. | 30 seconds |  |  |
| **Class rules (1 minute)** | To let students understand the class rules | - Teacher reads the rules for students | Before starting today's lesson, here are three rules I want you guys to follow:  … | 1 minute |  |  |
| **Teacher - Student (15 minutes)** | To let students practice structures they have learned in LS classes and express their ideas about the topic with the teacher. | Question 1: Teacher:- explains the game,  - gives students some new words. | **Vocabulary game: Put the words into the boxes to have the correct pronunciations.**  **Answers:**   * **/æ/: Basketball, Bad, Can, Match** * **/e/: Well, Health, Tennis, Aerobics**   - Congratulations on the winner. | 1 minute |  | 1 minute/student |
| Question 2: Teacher: - asks all students in the class to answer  - knows when to stop students when they go off topic.  - uses suggestions in brackets to train students to speak one short paragraph. | And here is the question number 2: **Do you like playing football? Why/ why not?**  Health benefits : speed, agility, strength, hand-eye coordination, and overall cardiovascular endurance..  **Team work : become accustom to working with others**  Mental toughness  Physical toughness  **Suggestions:**  **Like:**   * **Football is a simple game. All you need is a ball. For other sports, it requires you to have the right equipment, the right place to play it. Football can be played anywhere. Anyone can play it. Men, women, boys and girls.** * **It brings people together. We can easily make friends through playing football together.** * **It is a way to relax and feel free.** * **Physical strength, endurance, agility, speed and flexibility are all enhanced from participation on a football team.**   **Disadvantages:**   * **Players must have the strength and endurance to play in a long time.** * **Football has the potential for serious physical harm.** * **It is a waste of time.** | 1 minute | Each student talks 3-5 sentences | 1 minute/student |
| - Fixes common grammatical mistakes arise for students. | After listening to your talks, I could see some common mistakes that you need to correct it and now I will correct them | 1 minute | Listen and take note of teacher’s comments. |  |
| **Student - Student (21 minutes)** | To let students express their ideas relating to the current and the previous contexts | Question 3: Teacher: - Lets students work in pairs  - Stops students politely when they speak more than the allowed amount of time. - Gives suggestions if necessary (write in chat box). | Ok let's start with question 3: you guys will work in pairs.  **Discuss with your partner the following question: cghich one do you prefer: individual or team sports?**  **Suggestions:**  **-Individual sports: running, cycling, bungee jumping, etc.**  **-Advantages of individual sports: easier for people who are new to sports, can play whenever you want, without having to wait for others, etc.**  **-Team sports: soccer, volleyball, etc.**  **-Advantages of team sports: responsibility, community, social skills, leadership, making friends etc,**  **Do you prefer individual sports or team sports?**    **(If the answer is individual sports)**  I prefer the former because I can concentrate more in playing. Also I can fully apply my strategies on how to beat my opponent. But you know, playing sports is not all about winning or competing, I just like doing individual sports as it teaches me the value of  self-discipline and self-reliance.    **(If the answer is team sports)**  Without a doubt, I’m into team sports because I value teamwork. I consider myself as a people person so playing sports with others such as soccer, basketball, or rugby gives me so much joy. I like the fact that I can build genuine camaraderie with my teammates.    **LEXICAL RESOURCE**    ***(the) Former [adj.]****– having previously mentioned*  ***(the) Latter [adj.]****– the second mentioned*     ***Beat [verb]****– defeat; to lose*  ***Opponent [noun]****– rival*  ***Self-discipline [noun]****– self-control*  ***Self-reliance [noun]****– independence*  ***Without a doubt [phrase]****– used to emphasize that something is true*  ***I’m into [expression]****– to be interested in something*  ***People person [noun]****– a person who enjoys the company of other people; a person who’s good at interacting with others*  ***Camaraderie [noun]****– friendship; mutual trust* | 45 seconds | Have a short conversation with a partner. | 1 minute 30 seconds /student |
| - Corrects most common mistakes | Instead of using “..” , you can say “..” | 45 seconds | Listen and take note of teacher’s comments. |  |
| Question 4: Role-play:  Teacher: - Explains the situation. - Lets student practice with their partner - Gives suggestions if necessary - Corrects most common mistakes | In the last question, you guys will also work in pairs. Let’s choose one role and act it out with your partner in 3 minutes. - Read the situation for students **A: Talk with your friend about your favorite sport.**  **B: You are student A’s friend. Talk with him/ her.**  **Suggestions:**  **A:**   * **What is your favorite sport?** * **How good are you at basketball?** * **My favorite sport is football.** * **Yes! I usually watch them in my free time.**   **B:**   * **I like playing basketball and going swimming.** * **I’m not that bad. And what is your favorite sport?** * **Really? Do you often watch football matches?**   to get into shape Meaning: to become fit Example: If people have a sedentary lifestyle, they must do regular exercise to get into shape. 2. to work out at the gym Meaning: to train the body by physical exercise at the gym Example: As part of a healthy lifestyle, people of all ages should work out at the gym on a regular basis. 3. to take gentle exercise Meaning: to do exercise which is not physically demanding or tiring Example: Even the elderly can keep fit by taking gentle exercise, like jogging or simply a walk in the park. 4. to exert oneself Meaning: to make a big physical effort to do something Example: I believe that sports professionals deserve high salaries because constant hard training is necessary, so that they can exert themselves to the limit when they compete. 5. to take up sport/to take up exercise Meaning: to start doing a sport, to start doing exercise Example: Governments should provide sports facilities to encourage more people to take up sport. 6. to be out of condition Meaning: to be physically unfit Example: One of the causes of obesity is that many people are out of condition and fail to exercise regularly.  You will have a conversation about **your favorite sport**  Remember to use the structures and words that you have learnt in previous lessons.  Teacher can suggest students some structures to ask and answer:  - | 1 minute 30 seconds | Summarize what you have learnt in last lessons to practice with a partner | 1 minute 30 seconds /student |
| **Wrap-up**  **2 minutes** | To let students understand what they learnt after the lesson | - Summarize the knowledge learnt in the lesson;  - Remind students to do homework. | - Today you guys did pretty great job in using structures in last lessons  - In pronunciation part, you have understood the difference between /æ/ and /e/  - However, I kindly request you guys to find homework to practice more at home  ..  Link Vietnam:  <https://lmsvo.topicanative.edu.vn/u/login/?next=/activities/lesson/by-resource/562959d0a8615a2fe1b3a491/>  Link Thailand: http://homework.topicanative.edu.vn/local/lemanager/index.php  **Do you like playing sports?**    **(If the answer is positive)**  Yes absolutely, playing sports is my first love, I can’t imagine my life without sports. I’ve been sporty since I was five – I love tennis, badminton, and soccer. Actually at a very young age, I was able to compete in both minor and major tennis tournaments, though these days I don’t compete, still I consider myself as a pro.    **(If the answer is negative)**  Unfortunately not, my life has been busier than ever before because of my work. I’ve been wanting to start playing any sports but every time I have the luxury of time, I just want it to be spent on sleeping or traveling for me to relieve all the stress that I have which is mainly caused by overworking  Absolutlely : completely, fully, totally  ***Sporty [adj.]****– refers to a person who enjoys sports*  ***Pro [noun]; [adj.]****– professional*  ***Unfortunately [adv.]****– sadly; unluckily*  ***Luxury of time [expression]****– to have so much time*  .. | 2 minutes |  |  |